



# IRVING RECREATION CENTER

## SUMMER DAY CAMP 2016

### Grades 5-7

## Important Reminders

Our camp rules are:

- Be safe
- Be respectful
- Be responsible

Bring meals in an insulated container. Refrigeration and microwaves are not available.

Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.

Leave valuables at home (including money, cell phones, portable video games, etc.)

Label sunscreen and water bottles with your name.

Do not hesitate to ask when you have questions or comments.

## Contact Us

402-441-7954 (Rec.Center)  
 402-405-6608 (K-2 phone)  
 402-405-6609 (3-4 phone)  
 402-405-6610 (5-7 phone)

## Rockin' the 50's Week

We have had lots of fun so far this summer, and let's have that continue. This week we are taking it back to the 50's. You might want to brush up on your knowledge and clothing styles that were popular back then.

## THIS WEEK'S HIGHLIGHTS

### Monday

In the morning we are taking it back to the 50's by playing musical chairs and piggy and the middle. In the afternoon we will go swimming at Irvingdale Pool. Please remember to bring your sunscreen, swimsuits, towels and flip flops! We will finish our day with sink the ship and an activity called if I were president

### Tuesday

We will start out our day playing secret agent tag, and a hula hoop contest. Then in the afternoon we will have a rotation of tennis and yoga. We will finish out with creating popsicles and knock it out.

### Wednesday

This morning we will start off with a craft. Afterwards we will go swimming at woods pool. Please remember to bring sunscreen, swimsuits, towels, and flip flops! In the afternoon we will have a color activity and glow in the dark bowling.

### Thursday

Today we will be taking the city bus to Tierra park and Star City Shores. We will leave the center at 9:00 to catch the bus at 9:25. We will return to the rec at around 4:00 pm. So please remember to bring sunscreen, swimsuits, towels, and flip flops!

### Friday

Field Trip day! Please remember to wear your camp shirt today. We are going to Skate Zone. In the morning we will do a Rockin' talent Show. Then we will have a team choice activity. We will be leaving for Skate Zone at 12:15 and returning around 4:00.